

## May we suggest...

Our patients have used the following garments after their surgical procedures and have reported a high degree of satisfaction. For comfort, fit, style and affordability, these garments have been rated better than “medical” compression garments. We encourage our patients to try these or similar brands and report their experience to us so that we may pass along updated information to our future patients.

(We have no financial interest in the manufacturers of these garments or the stores that sell them. This information is provided as a service to our patients.)

### *After abdominoplasty:*

#### **Hanes® Microfiber High Waist Shaper®**

(Features- totally seamless garment, available in white, black and taupe, cost about \$10  
Sizes S, M, L, XL, XXL. Available at Target stores, not online)

#### **barely there® comfort shapers® waist & tummy shaping**

(Features- totally seamless garment, stylish, available in white, black and taupe, cost about \$20. Sizes S, M, L, XL, XXL. Available at Kohls and Macy’s department stores.)

### *After hip liposuction:*

#### **barely there® comfort shapers® tummy & thigh shaping**

(Features- totally seamless garment, stylish, available in white, black and taupe, cost about \$20. Sizes S, M, L, XL, XXL. Available at Kohls and Macy’s department stores.)

### *After upper abdomen/back liposuction:*

#### **Nip Tuck & Boost® Body Shaping Tank Top**

(Features- totally seamless lycra long line bra top provides breast support and compression of the upper abdomen, lateral breast, and back. Cost \$22. Sizes S, M, L, XL, XXL. Available at Kohls department stores.)

### *After thigh lift:*

#### **barely there® comfort shapers® tummy, thigh & leg shaping**

(Features- totally seamless garment, stylish, available in white, black and taupe, cost about \$22. Sizes S, M, L, XL, XXL. Available at Kohls and Macy’s department stores.)

Similar garments are available from other manufactures such as **Flexees®** and **Waistshapers®**. These garments have minimal seams but are not totally seamless.